1	Winter feeding, growth and condition of brown trout Salmo trutta in a groundwater-
2	dominated stream.
3	
4	William E. French*, University of Minnesota Conservation Biology Program,
5	University of Minnesota, 1980 Folwell Ave St Paul, MN 55108, USA
6	
7	Bruce Vondracek, U.S. Geological Survey, Minnesota Cooperative Fish and Wildlife Research
8	Unit <sup>1</sup> , University of Minnesota, 1980 Folwell Ave St Paul, MN 55108, USA
9	
10	Leonard C. Ferrington Jr., Department of Entomology, University of Minnesota
11	University of Minnesota, 1980 Folwell Ave St Paul, MN 55108, USA
12	
13	Jacques C. Finlay, Department of Ecology, Evolution and Behavior
14	University of Minnesota, 1987 Upper Buford Circle St. Paul, MN 55108, USA
15	
16 17	Douglas J. Dieterman, Fisheries Research, Minnesota Department of Natural Resources, 1801 South Oak Street, Lake City, MN 55041, USA
18	
19 20 21	<sup>1</sup> The Unit is jointly sponsored by the U. S. Geological Survey, the University of Minnesota, the Minnesota Department of Natural Resources, the U. S. Fish and Wildlife Service, and the Wildlife Management Institute
22 23 24 25 26	Disclaimer: This draft manuscript is distributed solely for purposes of scientific peer review. Its content is deliberative and predecisional, so it must not be disclosed or released by reviewers. Because the manuscript has not yet been approved for publication by the U.S. Geological Survey (USGS), it does not represent any official USGS finding or policy. The use of trade names or products does not constitute endorsement by the U.S. Government.

28	
29	*Corresponding author.
30	Hodson Hall Rm 226
31	1980 Folwell Ave St. Paul, MN 55108
32	Email: fren0104@umn.edu. Phone: 612-625-2294
33	
34	
35	
36	
37	
38	
39	
40	
41	
42	
43	
44	
45	

# Abstract

48	Winter can be a stressful period for stream dwelling salmonid populations, often resulting in
49	reduced growth and survival. Stream water temperatures have been identified as a primary
50	mechanism driving reductions in fitness during winter. However, groundwater inputs can
51	moderate water temperature and may reduce winter severity. Additionally, seasonal
52	reductions in prey availability may contribute to decreased growth and survival, although few
53	studies have examined food webs supporting salmonids under winter conditions. This study
54	employed diet, stable isotope, and mark-recapture techniques to examine winter (November
55	through March) feeding, growth, and condition of brown trout Salmo trutta in a groundwater-
56	dominated stream (Badger Creek, Minnesota USA). Growth occurred during the winter season
57	and was greater for fish $\leq$ 150mm (mean = 4.1 mg*g <sup>-1</sup> *day <sup>-1</sup> ) than for those 151 - 276mm
58	(mean = $1.0 \text{ mg}^{-1} \text{ *day}^{-1}$ ). Overall condition from early winter to late winter did not vary for
59	fish $\leq$ 150mm (Mean relative weight (Wr) = 89.5) and increased for those 151 - 276mm (Mean
60	Wr = 85.8 early, 89.4 late). Although composition varied both temporally and by individual,
61	brown trout diets were dominated by aquatic invertebrates, primarily Amphipods, Dipterans,
62	and Trichopterans. Stable isotope analysis supported the observations of dominant prey taxa
63	in stomach contents, and indicated the winter food web was supported by a combination of
64	allochthonous inputs and aquatic macrophytes. Brown trout in Badger Creek likely benefited
65	from the thermal regime and increased prey abundance present in this groundwater-
66	dominated stream during winter.

- **Keywords:** Brown trout, winter, diet, growth, stable isotope analysis

### Introduction

71	Winter can be a stressful time for stream dwelling salmonids, as evidenced by reduced
72	growth rate, condition, and survival (Quinn and Peterson 1996; Schultz and Conover 1999; Post
73	and Parkinson 2001). Winter ice formation can be a significant stressor for stream dwelling
74	trout. Surface and anchor ice can decrease the amount of available habitat for trout through
75	reductions in physical space and the formation of ice dams (Brown et al. 2011; Chisholm et al.
76	1987). Biro et al. (2004) found overwinter mortality of age-0 fish (60-80%) because of depleted
77	lipid reserves was a primary limiting factor for rainbow trout Oncorhynchus mykiss recruitment.
78	Winter conditions often cause stream dwelling salmonids to alter behaviors and habitat
79	preferences, and can lead to reductions in foraging and general activity levels (Hussko et al.
80	2007).
81	Brown trout Salmo trutta are a stream dwelling salmonid that inhabit a range of
82	habitats encompassing a wide variety of physical variation in winter stream conditions. As
83	such, brown trout populations can experience a range of winter severity dependent on the
84	physical characteristics of a particular stream. Brown trout in the Credit River, Ontario (Canada)
85	and the River Dodder (Ireland) experienced depressed growth rates and reductions in condition
86	over winter (Cunjak and Power 1987; Cunjak et al. 1987; Kelly-Quinn and Bracken 1990). Age-0
87	brown trout had significantly reduced monthly survival rates during winter than during summer
88	(0.65 vs. 0.99) in a small southeastern Norwegian stream (Lund et al. 2003).

In contrast, some studies suggest winter may be no more stressful for brown trout than
other seasons. Survival rates of stream-dwelling brown trout in winter were equal to or greater

70

than other seasons in 11 of 16 cases reviewed by Carlson et al. (2008). Similarly, brown trout
experienced positive growth and low over-winter mortality in three groundwater-dominated
streams in southeastern Minnesota (USA) (Dieterman et al. 2012). Although winter severity
appears to vary, differences in stream thermal regime have the potential to influence the
degree to which brown trout may be affected in winter.

96 Reductions in growth and condition during winter are generally attributed to the effects 97 of decreased temperature on brown trout physiology, with a minimum temperature of ~3.6°C 98 required for growth (Elliot et al. 1995). Water temperatures in surface water-dominated streams closely track air temperatures, and often drop below 3.6°C in temperate locales during 99 100 winter (Pilgrim et al. 1998). However, the temperature of ground water is approximately equal 101 to mean annual air temperature (Erickson et al. 2000). Ground water input has a buffering 102 effect on stream thermal regime, and can maintain water temperatures within acceptable 103 ranges for brown trout growth even when air temperatures drop below freezing (Power 1999; 104 O'Driscoll and DeWalle, 2004, 2006; Krider et al. 2013). The elevated winter temperatures of 105 ground-water dominated streams may allow brown trout to maintain higher activity levels and 106 more efficient functioning of metabolic processes.

Although water temperature may directly affect fish during winter, reductions in prey availability and quality (e.g., terrestrial invertebrate and aquatic invertebrate emergence and drift) may have additional implications for brown trout growth and condition. Summer diets of brown trout frequently include a significant proportion of terrestrial invertebrates (Kelly-Quinn and Bracken 1990; Bridcut 2000; Kawaguchi and Nakano 2001), but these prey are often

112	unavailable to trout during the winter. Aquatic invertebrates comprise the bulk of stream trout
113	diets during winter (Cunjak et al. 1987; Kelly-Quinn and Bracken 1990), but aquatic invertebrate
114	abundance can be reduced during the winter season (Newman and Waters 1984; Gislason
115	1985; Rundio and Lindley 2008). Dieterman et al. (2004) suggested differences in annual
116	growth among brown trout populations in groundwater-dominated southeastern Minnesota
117	streams were driven by differences in prey availability. Thus, declines in aquatic invertebrate
118	availability have the potential to negatively affect stream trout foraging and growth.
119	The presence of seasonally available aquatic invertebrate species can increase the
120	relative abundance of aquatic invertebrates in groundwater-dominated streams relative to
121	surface-water dominated streams during winter (Bouchard and Ferrington 2009). The
122	contributions of these seasonally available aquatic invertebrates to winter groundwater-
123	dominated stream food webs are not well understood, but an increase in the relative
124	abundance of potential prey may benefit brown trout within these systems.
125	Analysis of stomach contents has traditionally been used to examine trophic
126	relationships, which allows for quantification of the contribution of specific prey taxa.
127	However, stomach contents offer only a snapshot (dependent on stomach evacuation rate) of
128	long-term patterns in diet. Conversely, stable isotope analysis (SIA) offers a time-integrated
129	method of examining trophic relationships between consumers and their prey by examining
130	ratios of stable carbon ( $\delta^{13}$ C) and nitrogen ( $\delta^{15}$ N) isotopes incorporated into the consumer's
131	tissue (Peterson and Fry 1987). $\delta^{13} C$ is commonly used to determine energy sources in fishes
132	(Peterson and Fry 1987), because $\delta^{13}$ C signatures of prey are passed on to predators with a

133	predictable enrichment of ~ 0.4‰. Thus, $\delta^{13}C$ can be used to track energy flow through the
134	food web and compare the relative importance of various prey taxa. Trophic level can be
135	inferred via $\delta^{15}N$ with about a 3.4 ‰ increase in $\delta^{15}N$ typically observed between predators and
136	prey (Vander Zanden et al. 1997). The combination of taxonomically specific diet data from
137	stomach contents with energy flow information from SIA provides a more complete picture of
138	an organism's position in the food web (Chipps and Garvey 2002).
139	The goal of this study was to evaluate the effects of winter conditions (here defined as
140	November through March) on a brown trout population in a groundwater-dominated stream.
141	Brown trout growth and condition were chosen as metrics to examine the effects of winter.
142	Additionally, brown trout diet and relative position in the winter aquatic food web were
143	quantified to examine potential mechanisms affecting growth and condition. The objectives of
144	this study were to: (1) quantify and compare patterns of brown trout growth and condition
145	during the winter season in a groundwater-dominated stream, (2) quantify the contributions of
146	aquatic invertebrates to brown trout diets during winter using stomach contents and stable
147	isotope analysis, and (3) quantify the relative position of brown trout within the winter aquatic
148	food web of a groundwater-dominated stream using stable isotope analysis. Diet composition
149	and growth were tracked by uniquely marked individuals, allowing relationships between diet
150	and growth to be examined.

Methods

152 Study site

153	Badger Creek is a groundwater-dominated (i.e. receives enough groundwater input to
154	significantly alter stream thermal regime and prevent over-winter freezing) tributary of the
155	Root River, located in southeastern Minnesota, USA (Krider et al. 2013). The region is
156	characterized by karst geology, including a large number of groundwater-dominated streams
157	that support cold-water fish assemblages. Brown trout are the most abundant fish species in
158	Badger Creek, but native brook trout Salvelinus fontinalis and slimy sculpin Cottus cognatus are
159	also present. The sampling site consisted of a 125 m reach of stream containing multiple pools,
160	riffles, and runs located in a forested headwater section of Badger Creek. Stream wetted width
161	was ~3 m, and mean depth was < 1 m. Stream water temperature (7-9°C) was measured hourly
162	from November 2011 through March 2012 by a remote logger device in the study site (HOBO <sup>TM</sup> ,
163	Onset Computer Corporation Pocassat, MA) and remained within ranges suitable for brown
164	trout growth throughout the winter (Elliot et al. 1995). The logger device was positioned 20cm
165	below the surface at the head of a pool in the approximate middle of the sampling reach.
166	Fish collection, growth and condition
167	Brown trout were collected from Badger Creek on 19 November 2011 (early winter; 131
168	fish) and 15 March 2012 (late winter; 139 fish) using a Smith Root LR 20B backpack electric
169	fisher (Smith Root, Vancouver, WA). Fish were placed in in-stream holding pens, anesthetized
170	with an immobilizing dose of tricaine methanesulfonate (MS 222; Argent Chemical Laboratories

171 Redmound, WA), weighed  $\pm$  1 g and measured  $\pm$  1 mm. All fish collected on 19 November were 172 tagged in the anterior portion of the body cavity with 9mm passive integrated transponder (PIT) 173 tags (Biomark Inc.; Idaho, USA) to track growth (mg\*g<sup>-1</sup> \*day<sup>-1</sup>) and condition between sampling

174	events. Relative weight (Wr) compares the weight at length of a fish to a regionalized standard
175	for that species and was used as an index of fish condition. Values between 80 and 100 are
176	generally considered acceptable for healthy populations (Anderson & Neumann 1996).
177	Condition was only analyzed for fish <a>2140mm TL because of limitations of the standard weight</a>
178	equations for lotic brown trout established by Milewski & Brown (1994).

### 179 Diet analysis

180	Gastric lavage was used on 30 fish per sampling date to examine diet composition. The
181	subsample of 30 fish was selected randomly on 19 November, but 23 fish with PIT tags were
182	preferentially selected on 15 March to quantify diet and growth. Stomach contents were
183	preserved in 95% ethanol in the field, and later processed in the laboratory. Aquatic
184	invertebrates were identified to family or genus and counted. Dry weight of aquatic
185	invertebrates in the diet were estimated with equations from Benke et al. (1999) and Méthot et
186	al. (2012). Mean morphological measurements of aquatic invertebrates (body length, shell
187	width) were calculated from sub samples of 20 individuals per taxon randomly selected from
188	brown trout diets and used to estimate dry weight. Dry weight estimates were multiplied by
189	taxa counts to obtain dry weight composition of diet for each fish.

## 190 Stable isotope analysis

- 191 The ability of SIA to integrate consumer diet history over a broad time interval can
- 192 provide a comprehensive food web depiction when used with stomach contents. Growth rates
- can affect assimilation and turnover rates of C<sup>13</sup> and N<sup>15</sup> (Church et al. 2009), and the specific
- 194 tissue to use for SIA must be carefully considered. Use of SIA in winter has been rare because
  - 10

195	of the potential for low tissue turnover rates. Muscle and fin tissue have C <sup>13</sup> and N <sup>15</sup> turnover
196	rates >140 day half-life, whereas mucus is especially suited to slow growth conditions because
197	of more rapid turnover rate (~30 day half-life) and continual regeneration (Church et al. 2009,
198	Hanisch et al. 2010). Thus, use of mucus and fin tissue with differing turnover rates allow for
199	temporal comparisons of brown trout diet. The faster turnover rate of mucus reflects
200	consumption during winter, whereas the slower turnover rate of fin tissue reflects material
201	consumed within winter, autumn, and late summer.

Pectoral fin tissue and mucus were collected following Church et al. (2009) from the subsample of 30 fish subjected to gastric lavage on 15 March for SIA. Additionally, SIA was conducted for 20 individuals on 15 March from each of the five most common prey taxa observed on 19 November, and samples of allochthonous (leaf litter) and autochthonous (*Spirogyra* sp., *Nasturtium* sp.) primary producers collected throughout the sampling reach.

207 Prior to analysis, fish fin, invertebrate, and plant samples were rinsed with deionized 208 water, placed in individual aluminum trays and dried at 55°C for 72 h. After drying, samples were homogenized into a fine powder with a stainless steel rod, and stored in individually 209 210 labeled glass scintillation vials. Subsamples were weighed for SIA and placed into individual tin 211 capsules. Fish mucus was prepared according to the process outlined in Church et al. (2009). A 212 single, composite sample was prepared for each aquatic invertebrate and plant taxon from 213 individuals collected throughout the sampling reach, whereas fish fin and mucus samples were 214 analyzed individually. Samples were sent to the University of California Davis Stable Isotope Facility (http://stableisotopefacility.ucdavis.edu/index.html) and analyzed for  $\delta^{13}$ C and  $\delta^{15}$ N 215

- 216 using a PDZ Europa ANCA-GSL elemental analyzer interfaced to a PDZ Europa 20-20 isotope
- 217 ratio mass spectrometer (Sercon Ltd., Cheshire, UK). A subset of samples were analyzed at the
- 218 University of Minnesota Stable Isotope Laboratory
- 219 (http://www.geo.umn.edu/orgs/sil/index.html) using a Costech 4010 Elemental Analyzer
- 220 interfaced to a Finnigan MAT252 Mass Spectrometer (Costech Analytical Technologies Inc.,
- 221 Valencia, CA) as a quality control measure.

#### 222 Statistical analysis

- 223 Growth, condition and diet were compared for small (≤150 mm) and large (151 -
- 224 276mm) brown trout. These size categories correspond to age 0 and age 1+ fish collected from
- similar streams in the region (Dieterman et al. 2012). Growth rate was measured directly for
- 226 PIT tagged individuals by calculating the change in mass between sampling events and
- 227 compared between small and large brown trout with a Student t-test. The relationships
- 228 between growth and dry weight of prey consumed, as well as growth and brown trout total
- 229 length (TL) were examined with linear regression. The differences of Wr for small and large

230 brown trout were compared between early and late winter with a paired t-test.

231 Diet composition was examined by size class and sampling date and non-metric

- 232 multidimensional scaling (NMS) was used to examine patterns in diet composition by number.
- 233 Nine variables (size class, sample period, and mean consumption of Chironomidae, Gammarus,

234 Physella, Limnephilidae, Glossosoma, Tipulidae, and other invertebrates consumed) were used

235 in the NMS ordination.

**Comment** [vV1]: How does a Student t-test differ from a paired t-test at the end of the paragraph?

236	$\delta^{15}N$ and $\delta^{13}C$ for small and large brown trout were analyzed separately by tissue
237	(mucus and fin) and compared with an ANOVA (model: N or C = size class). NMS was
238	performed in PC-ORD (V. 6.0). All other analyses were performed in Program R (V 2.15.1).
239	Statistical significance was declared at $\alpha$ = 0.05. Although sample size for some treatment
240	groups was small (n= 10-12), data were evaluated for normality before analyses were
241	conducted with a series of Shapiro-Wilks normality tests (Shapiro and Wilks 1965). All
242	treatment groups were normally distributed.
243	Results
244	Growth, condition and water temperature
245	Growth during the winter was measured for the 23 fish recaptured during the late
246	sampling event. Both small ( $n=11$ ) and large ( $n=12$ ) brown trout grew throughout the winter
247	season, and there was a negative relationship between growth and TL (Figure 1). There was a
248	positive relationship between growth and dry weight of prey consumed by fish on the March
249	sampling date (Figure 2A). Small brown trout (mean = $4.09 \text{ mg}^{-1} \text{ *day}^{-1}$ ) grew significantly
250	faster than large brown trout (mean = 1.00 mg*g <sup>-1</sup> *day <sup>-1</sup> ; $t_{22}$ =5.19, <i>P</i> <0.001; Figure 2B). Overall
251	condition from early winter to late winter did not vary for small brown trout (Mean Wr = 89.5,
252	Figure 2C) and increased for large brown trout (Mean Wr = 85.8 early, 89.4 late; $t_{11}$ =2.31, P=
253	0.042; Figure 2D). Water temperature was within the range suitable for brown trout growth
254	throughout the study (minimum temp = 5.5°C, maximum temp = 11.1°C, mean temp = 7.8°C).

255 Diet analysis

256	Brown trout diets in Badger creek were dominated by aquatic invertebrates, but small
257	numbers of fish (cannibalized brown trout, $n=2$ ) and terrestrial invertebrates (i.e. annelid
258	worms) were also present (Table 1). Only 1.6% of all sampled fish had empty stomachs. Brown
259	trout diet composition varied temporally, but was similar between size classes. NMS (Stress =
260	11.02; Instability < 0.001; Iterations = 71) explained significant variation along the first two axes
261	(Axis 1, $R^2$ = 0.468; Axis 2, $R^2$ = 0.191; Figure 3). Significant variables for Axis 1 included sample
262	period (r= -0.76), Chironomidae consumed (r= -0.75), other invertebrates consumed (r= -0.61),
263	Glossosoma consumed (r= -0.68), and Limnephilidae consumed (r= 0.345). Significant variables
264	for Axis 2 included <i>Glossosoma</i> consumed (r= 0.66), and Chironomidae consumed (r= -0.56).
265	Stable isotope signatures of brown trout varied by tissue type and size class and
266	supported the overall patterns observed in gastric lavage samples. Leaf litter had higher $\delta^{13}\text{C}$ (-
267	29.4‰) compared to Spyrogyra (-35.3‰) and Nasturium sp. (-32.0‰). Aquatic invertebrate
268	$\delta^{13}$ C indicated reliance on leaf litter and/or Nasturium sp., with the exception of Glossosoma,
269	which had low values (-37.6‰) consistent with an algal based diet in headwater streams (Finlay
270	2001). The similarity of brown trout $\delta^{13}$ C to Gammarus, Chironomidae, Physella, and
271	Limnephilidae $\delta^{13}C$ suggests the importance of these taxa to brown trout diets, whereas the
272	dissimilar $\delta^{13}C$ of Glossosoma suggests lesser importance. $\delta^{15}N$ and $\delta^{13}C$ between large (mean
273	$δ^{15}$ N = 7.9‰, $δ^{13}$ C= -30.2‰) and small (mean $δ^{15}$ N = 7.2‰, $δ^{13}$ C= -31.1‰) brown trout were
274	not significantly different for fin tissue samples. However, $\delta^{13}C$ values were significantly
275	different for large (mean $\delta^{13}$ C = -27.6‰) and small (mean $\delta^{13}$ C = -30.2‰) brown trout mucus
276	samples ( $F_{1,23}$ =10.61, P< 0.01) indicating a greater reliance on more enriched prey during winter
277	(e.g. <i>Physella</i> ) by large brown trout. Large (mean $\delta^{15}N = 6.3\%$ ) and small (mean $\delta^{15}N = 5.8\%$ )

278 brown trout  $\delta^{15}$ N values were not significantly different suggesting both size classes occupy 279 similar trophic levels.

280

#### Discussion

281 Growth

282 Both small and large brown trout in Badger Creek fed and grew throughout the winter season. Dieterman et al. (2012) also observed overwinter growth (~0.1mm \* day<sup>-1</sup>) in three 283 284 groundwater-dominated southeastern Minnesota streams. In contrast, brown trout did not grow overwinter in the Credit River, a Canadian tributary to Lake Ontario (Cunjak and Power 285 286 1987), and in a tributary of the River Dodder, Ireland (Kelly-Quinn and Bracken 1988). Brown 287 trout in West Brook (Massachusetts, USA) also experienced little or no growth between September and March (Carlson et al. 2007). Dissimilar stream temperature regimes in Badger 288 289 Creek, the Credit River, and West Brook may explain differences in growth. Water temperature 290 in Badger Creek remained significantly warmer (minimum temperature >5.9°C) throughout the 291 winter than in the Credit River (minimum temperature 0.1 °C) and West Brook (minimum 292 temperature < 0.0°C). Water temperatures were not recorded in the River Dodder, but mean 293 January air temperature was 3.9 °C during the study. Although elevated water temperatures 294 prevented ice formation in Badger Creek, Cunjak and Power (1987) documented surface ice 295 cover of up to 22% in the Credit River during their study period. The prevention of ice 296 formation in Badger Creek may have benefited brown trout by eliminating associated 297 reductions in available habitat and foraging opportunities.

298	Growth in large brown trout may slow as they approach maximum size. Brown trout up
299	to 388mm were collected from the sampling reach during this study. The largest individual
300	used in our analyses was 276mm, whereas the majority of large brown trout were between
301	150mm and 250mm. Growth rates for large brown trout in Badger Creek may have decreased
302	as trout approached their maximum size; however, the largest fish used in analyses was only
303	$^{\sim}$ 70% of the TL of the largest fish captured from within the sampling reach.
304	Mature brown trout invest substantial amounts of energy into gamete production, and
305	sexual maturation may have influenced growth and condition of large fish in our study. Brown
306	trout in southeastern Minnesota typically spawn in October, and the majority of redds are
307	constructed by early November (Stefanik and Sandheinrich 1999; Doug Dieterman, Minnesota
308	DNR, unpublished data). Late spawning between sampling events may have reduced growth
309	rates of some mature fish because of gamete production and increased activity levels.
310	However, variation in growth rates of large brown trout was considerably less than in small
311	(immature) brown trout, suggesting that most large brown trout had similar resources available
312	for growth.
313	Condition

314 Condition of brown trout in Badger Creek remained stable or increased during winter for small and large fish (late winter mean Wr = 90.3 for small and 89.4 for large fish). In 315 contrast, brown trout experienced a substantial decrease in condition by the end of winter in 316 317 the Credit River (Cunjak et al. 1987), and River Dodder (Kelly-Quinn and Bracken 1990) where 318 stream thermal regimes approached freezing. As an autumn spawning species, mature brown

319	trout condition should be reduced following spawning. Surprisingly, no significant change in
320	condition was observed for small brown trout, and large brown trout increased condition
321	between sampling dates in Badger Creek. The ability of brown trout to maintain condition and
322	recoup potential body mass losses from spawning may have reduced demand on energy
323	reserves and provided trout with an advantage to continue growth in spring.

324 **Diet** 

325	Diets of both small and large brown trout were dominated by aquatic invertebrates,
326	although the abundance of specific taxa varied by trout size class and sampling date. Empty
327	stomachs were rare in our study (1.6%), but rates as high as 15% were observed in the River
328	Dodder during winter, suggesting possible differences in prey availability (Kelly-Quinn and
329	Bracken 1990). Brown trout often display size selectivity, preferentially feeding on larger prey
330	items (Newman and Waters 1984). In Badger Creek, large-bodied taxa (Gammarus,
331	Limnephilidae, Tipulidae and Physella) comprised the majority of prey consumed by dry weight
332	during both early and late winter. However, smaller bodied prey such as Glossosoma and
333	Chironomidae were often abundant in the diet, especially during late winter. Small and large
334	brown trout consumed a greater abundance of small-bodied prey items in March than
335	November.
226	The improvement is a set the dividence in bound to be divide during the set of the set o

The increase in small-bodied prey in brown trout diets during late winter may reflect shifts in aquatic invertebrate abundances between early and late winter. An increase in the abundance of small-bodied prey items may have increased their attractiveness to foraging brown trout, and large emergences of Chironomidae were observed before and during March

340	sampling. Alternatively, stream trout can affect the aquatic invertebrate community's
341	abundance and composition through predation pressure (Lepori et al. 2012). Brown trout
342	predation pressure may have reduced the abundance of large-bodied prey taxa during winter in
343	Badger Creek, forcing brown trout to consume greater numbers of small-bodied prey. Notably,
344	although brown trout showed a substantial increase in the relative number of Glossosoma and
345	Chironomidae consumed in late winter, these taxa contributed little dry weight in the diet
346	because of their small size.

347 The significant relationship between growth and the mass of prey consumed may 348 indicate that prey availability in winter has the potential to constrain brown trout growth in 349 Badger Creek. Bioenergetics modeling of brown trout populations in southeastern Minnesota 350 suggested that prey quality and availability may limit growth in groundwater-dominated 351 streams (Dieterman et al. 2004). Dry weights of prey used in this analysis were obtained from 352 diet samples collected on a single sampling date, whereas growth rates incorporate changes in 353 mass from November through March. The ability of a snapshot of the diet to represent brown 354 trout consumption over the entire time period during which growth was measured is a 355 legitimate concern. Additionally, the lack of prey density estimates did not allow comparisons 356 between prey availability and consumption in early and late winter. However, the relationship 357 between prey consumption and overwinter growth is an interesting observation that warrants 358 further investigation.

359 Stable isotope analysis and winter food web

360	The stable isotope analyses generally supported the results of stomach content
361	observations. Brown trout diets in Badger Creek were dominated by aquatic invertebrates
362	during winter, primarily by taxa using allochthonous or aquatic macrophyte based food sources.
363	The relatively enriched brown trout $\delta^{13}$ C (-30.1‰ to -27.6‰) indicate Gammarus (-31.6‰),
364	Chironomidae (-30.8‰), and Physella (-26.5‰) may be important prey taxa. Glossosoma do
365	not appear to contribute significantly to brown trout diet, as evidenced by the $\delta^{13} C$ of
366	Glossosoma (-37.6‰) and the low biomass of Glossosoma consumed by brown trout (mean
367	dry weight= 0.4mg) compared to <i>Gammarus</i> (mean dry weight= 5.14mg) or <i>Physella</i> (mean dry
368	weight= 3.09mg). Although Glossosoma are often abundant in small streams, they are typically
369	not primary taxa in predator diets, as their stone cases may render them less vulnerable to
370	predation (McNeely et al. 2007).
371	$\delta^{13}$ C of the selected prey taxa and brown trout suggest that energy in the Badger Creek
372	food web may have been derived from a combination of autochthonous and allochthonous
373	sources, primarily leaf litter (-29.4‰) and aquatic macrophytes (Nasturtium sp.; -32.0‰).
374	Watercress (Nasturtium sp.) was abundant throughout the sampling site during the early winter
375	and late winter sampling events, and contributed to primary production for the winter aquatic
376	food web. Autochthonous algal growth (Spirogyra; -35.3‰) likely played a lesser role in the
377	Badger Creek food web as consumer $\delta^{13}C$ was more enriched than would be expected from an
378	algal-based diet. Groundwater input within the site may have contributed to aquatic
379	macrophyte growth by maintaining higher water temperatures and preventing the formation of
380	ice cover, which allowed light to reach aquatic macrophytes during winter.

381	Brown trout often become piscivorous as they grow, sometimes as early as 150mm TL
382	(Jonnson et al. 1999; Garman and Nielson 1982). Although only two fish (both cannibalized
383	brown trout) were found in the 60 diet samples, the large amount of energy supplied by a
384	single instance of piscivory makes the relative importance of fish prey to brown trout diets
385	difficult to determine from stomach content data alone. If piscivory were an important
386	component of brown trout diet in Badger Creek there should have been more than one trophic
387	level of separation between brown trout and primary consumers, but brown trout $\delta^{^{15}}\text{N}$
388	indicated one trophic level (~3.4 ‰) or less separation above Gammarus, Glossosoma,
389	Limnephilidae, Chironomidae and Physella. Additionally, there was no difference in $\delta^{15} N$
390	between small and large brown trout, which would accompany an ontogenetic shift to
391	piscivory. $\delta^{15}N$ of brown trout from Badger Creek supported the stomach content observation
392	that piscivory was rare, and aquatic invertebrates were the primary prey source for small and
393	large brown trout.
394	Two tissue types with differing turnover rates for C and N allowed for temporal
395	comparisons of diet of large and small brown trout. The faster turnover rate of mucus (half-life
396	$^{\sim}$ 30 days) reflects consumption occurring during winter, whereas the slower turnover rate of fin
397	tissue (>140 days) reflects material consumed in late summer, autumn and winter (Church et al.
398	2009). Large brown trout had more enriched mucus $\delta^{13}$ C than small brown trout, but $\delta^{15}$ N was
399	not significantly different between size classes or tissue types. The difference in mucus $\delta^{13}\text{C}$
400	suggests diets of large and small brown trout may have diverged during winter, possibly due to
401	Physella being more prominent in late winter diets of large brown trout. Alternatively, the
402	differences may reflect the importance of other taxa that were not collected for SIA (e.g.

**Comment [vV2]:** In the previous sentence you indicated no significant differences, but in the following sentences you indicate a difference.

403	Tipulidae), or a combination of <i>Physella</i> and other aquatic invertebrate taxa. As no
404	corresponding increase in Physella consumption was observed in late winter stomach contents,
405	a shift to Tipulidae or other unidentified taxa is better supported by the data. Although higher
406	trophic level prey taxa have been observed in brown trout diets in other southeastern
407	Minnesota streams (e.g. sculpin, Rana sp., fish eggs; W. French, unpublished data), these prey
408	likely did not contribute substantially to brown trout diets in Badger Creek, as there was no
409	corresponding enrichment in brown trout $\delta^{15}$ N.

## 411 Conclusions

412	Although winter can be stressful for brown trout in some systems, trout in groundwater-
413	dominated streams may benefit from stabilized annual temperature regimes and increased
414	prey availability. Fish mucus was a useful tissue to evaluate temporal variation in SIA signatures
415	during a period of reduced growth, especially when combined with fin tissue, which has a slow
416	turnover rate. Brown trout in a groundwater-dominated stream continued to feed, maintained
417	or increased their condition, and grew during the winter. Allochthonous inputs and aquatic
418	macrophytes were the most significant sources of primary production in the winter aquatic
419	food web of Badger Creek, supporting the majority of aquatic invertebrates and brown trout.
420	These findings illustrate the need for further research of dynamics of trout and aquatic
421	invertebrates of groundwater-dominated streams in winter, particularly the effects of varying
422	amounts of groundwater input on trout population dynamics and aquatic winter food webs.

423 Acknowledgements

424	We thank the following for assistance in the field: Jane Mazack, Jenna McCullough, Jessica
425	Miller, Lori Krider, Pat Sherman, Catherine DeGuire (University of Minnesota) and Dan Spence
426	(MN DNR). We thank three anonymous reviewers for their beneficial comments on a previous
427	version of this manuscript. All animals used in this study were handled according to animal use
428	and care guidelines established by the University of Minnesota IACUC committee. Funding for
429	this study was provided by Environment and Natural Resources Trust Fund administered by the
430	Legislative Citizens Committee for Minnesota Resources, and the Kalamazoo Valley Chapter of
431	Trout Unlimited. Any use of trade names is for descriptive purposes only and does not imply
432	endorsement by the U.S. Government
433	
434	
435	
436	References
437 438 439	Anderson RO, Neumann RM. 1996, Length, weight, and associated structural indices. pp. 447-482. In B.R. Murphy and D.W. Willis (eds.). Fisheries Techniques. American Fisheries Society, Bethesda Maryland.
440 441 442	Benke AC, Huryn AD, Smock LA, Wallace JB. 1999. Length-mass relationships for freshwater macroinvertebrates in North America with particular reference to the southeastern United States. Journal of the North American Benthological Society. 18:308-343.
443 444 445	Biro PA, Morton AE, Post JR, Parkinson EA. 2004. Over-winter lipid depletion and mortality of age-0 rainbow trout ( <i>Oncorhynchus mykiss</i> ). Canadian Journal of Fisheries and Aquatic Sciences. 61:1513-1519.

446	Bouchard RW, Ferrington LC. 2009. Winter growth, development, and emergence of Diamesa
447	mendotae (Diptera: Chironomidae) in Minnesota Streams. Environmental Entomology.
448	38:250-259.

- Bridcut EE, Giller PS. 1995. Diet variability and foraging strategies in brown trout (*Salmo trutta*):
  an analysis from subpopulations to individuals. Canadian Journal of Fisheries and Aquatic
  Sciences. 52:2543-2552.
- 452 Brown RS, Hubert WA, Daly SF. 2011. A primer on winter, ice, and fish: what fisheries biologists 453 should know about winter ice processes and stream-dwelling fish. Fisheries. 36:8-26.
- 454 Carlson SM, Hendry AP, Letcher BH. 2007. Growth rate differences between resident native
   455 brook trout and non-native brown trout. Journal of Fish Biology. 71:1430-1447.
- 456 Carlson SM, Olsen EM, Vollestad LA. 2008. Seasonal mortality and the effect of body size: a
  457 review and an empirical test using individual data on brown trout. Functional Ecology.
  458 22:663-673.
- Chipps SR, Garvey J. 2002. Assessment of food habits and feeding patterns. Pages 473-514 in
  Guy CS, Brown ML, editors. Analysis and interpretation of freshwater fisheries data.
  American Fisheries Society, Bethesda, Maryland.
- 462 Chisholm IM, Hubert WA, Wesche TA. 1987. Winter stream conditions and use of habitat by
  463 brook trout in high-elevation Wyoming streams. Transactions of the American Fisheries
  464 Society. 116:176-184.
- Church MR, Ebersole JL, Rensmeyer KM, Couture RB, Barrows FT, Noakes DLG. 2009. Mucus:
  a new tissue fraction for rapid determination of fish diet switching using stable isotope
  analysis. Canadian Journal of Fisheries and Aquatic Sciences. 66:1-5.
- 468 Cunjak RA, Power G. 1987. The feeding and energetics of stream-resident trout in winter.
  469 Journal of Fish Biology. 31:493-511.
- 470 Cunjak RA, Curry A, Power G. 1987. Seasonal energy budget of brook trout in streams:
  471 implications of a possible deficit in early winter. Transactions of the American Fisheries
  472 Society. 116: 817-828.
- 473 Cunjak RA, Power G. 1986. Winter habitat utilization by stream resident brook trout (*Salvelinus fontinalis*) and brown trout (*Salmo trutta*). Canadian Journal of Fisheries and Aquatic
  475 Sciences. 43:1970-1981.
- Dieterman DJ, Thorn WC, Anderson CS. 2004. Application of a Bioenergetics Model for Brown
   Trout to Evaluate Growth in Southeast Minnesota. Investigational Report 513, Minnesota
   Department of Natural Resources, St. Paul, MN.

479	Dieterman DJ, Hoxmeier RJH. 2011. Demography of juvenile and adult brown trout in streams
480	of southeastern Minnesota. Transactions of the American Fisheries Society. 140:1642-
481	1656.

- 482 Dieterman DJ, Hoxmeier RJH, Staples DF. 2012. Factors influencing growth of individual brown
   483 trout in three streams of the upper Midwestern United States. Ecology of Freshwater Fish
   484 21:483-493.
- 485 Drake J, Bradford A, Joy D. 2010. A multi-scale method for identifying groundwater exchanges
  486 sustaining critical thermal regimes in streams. International Journal of River Basin
  487 Management. 8: 173-184.
- Elliott JM, Hurley MA, Fryer RJ. 1995. A new, improved growth model for brown trout, *Salmo trutta*. Functional Ecology. 9:290-298.
- 490 Erickson T, Stefan H. 2000. Linear air/water temperature correlations for streams during open
  491 water periods. Journal of Hydrologic Engineering. 5:317-321.
- Finlay JC. 2001. Stable-carbon-isotope ratios of river biota: implications for energy flow in lotic
   food webs. Ecology. 82:1052-1064.
- Fowler SL, Hamilton D, Currie S. 2009. A comparison of the heat shock response in juvenile and
  adult rainbow trout (*Oncorhynchus mykiss*) implications for increased thermal sensitivity
  with age. Canadian Journal of Fisheries and Aquatic Sciences. 66:91-100.
- Garman GC, Nielsen LA. 1982. Piscivority by stocked brown trout (*Salmo trutta*) and its impact
  on the nongame fish community of Bottom Creek, Virginia. Canadian Journal of Fisheries
  and Aquatic Sciences. 39:862-869.
- Gislason JC. 1985. Aquatic insect abundance in a regulated stream under fluctuating and stable
   diel flow patterns. North American Journal of Fisheries Management. 5:39-46.
- Hanisch JR, Tonn WM, Paszkowski CA, Scrimgeour GJ. 2010. δ<sup>13</sup>C and δ<sup>15</sup>n signatures in muscle
   and fin tissues: nonlethal sampling methods for stable isotope analysis of salmonids.
   North American Journal of Fisheries Management. 30:1-11.
- Hayes JW, Stark JD, Shearer KA. 2000. Development and test of a whole-lifetime foraging and
   bioenergetics growth model for drift-feeding brown trout. Transactions of the American
   Fisheries Society. 129:315-332.
- Harvey BC, Nakamoto RJ, White JL. 2006. Reduced streamflow lowers dry-season growth of
   rainbow trout in a small stream. Transactions of the American Fisheries Society. 135:998 1005.

- Huusko A, Greenberg L, Stickler M, Linnansaari T, Nykänen M, Vehanen T, Koljonen S, Louhi P,
  Alfredsen K. 2007. Life in the ice lane: the winter ecology of stream salmonids. River
  Research and Applications. 23: 469–491.
- Jonsson B, Jonsson N. 2011. Maturation and Spawning. Ecology of Atlantic Salmon and Brown
   Trout, 327-414.
- Jonsson N, Næsje TF, Jonsson B, Saksgård R, Sandlund OT. 1999. The influence of piscivory on
  life history traits of brown trout. Journal of Fish Biology. 55:1129-1141.
- Kawaguchi Y, Nakano S. 2001. Contribution of terrestrial invertebrates to the annual resource
  budget for salmonids in forest and grassland reaches of a headwater stream. Freshwater
  Biology. 46:303-316.
- Kelly-Quinn M, Bracken JJ. 1988. Brown trout, *Salmo trutta* L., production in an Irish coastal
   stream. Aquaculture Research. 19:69-95.
- Kelly-Quinn M, Bracken JJ. 1990. A seasonal analysis of the diet and feeding dynamics of brown
   trout, *Salmo trutta* L., in a small nursery stream. Aquaculture Research. 21:107-124.
- Krider LA, Magner JA, Perry J, Vondracek B, Ferrington LC Jr. 2013. Air-Water Temperature
   Relationships in the Trout Streams of Southeastern Minnesota's Carbonate-Sandstone
   Landscape. Journal of the American Water Resources Association 00(0):1-12. DOI:
   10.1111/jawr.12046
- Lepori F, Benjamin JR, Fausch KD, Baxter CV. 2012. Are invasive and native trout functionally
   equivalent predators? Results and lessons from a field experiment. Aquatic Conservation:
   Marine and Freshwater Ecosystems. 22: 787-798.
- Lund E, Olsen EM, Vøllestad LA. 2003. First-year survival of brown trout in three Norwegian
   streams. Journal of Fish Biology. 62:323–340.
- McNeely C, Finlay JC, Power ME. 2007. Grazer traits, competition, and carbon sources to a
   headwater-stream food web. Ecology 88:391-401.
- Méthot G, Hudon C, Gagnon P, Pinel-Alloul B, Armellin A, Poirier AT. 2012. Macroinvertebrate
   size-mass relationships: how specific should they be? Freshwater Science. 31:750-764.
- 538 Milewski CL, Brown ML. 1994. Proposed standard weight (Ws) equation and length-
- categorization standards for stream-dwelling brown trout (*Salmo trutta*). Journal of
   Freshwater Ecology. 9:111-116.
- Newman RM, Waters TF. 1984. Size-selective predation on *Gammarus pseudolimnaeus* by
   trout and sculpins. Ecology. 65:1535-1545.

O'Driscoll MA, DeWalle DR. 2004. Stream - air temperature relationships as indicators of
 groundwater inputs. Watershed Update (AWRA Hydrology and Watershed Management
 Technical Committee) 2, no. 6 (November – December).

547 O'Driscoll MA, DeWalle DR. 2006. Stream –air temperatures relations to classify stream -548 ground water interactions in a karst setting, central Pennsylvania, USA. Journal of 549 Hydrology 329: 140 - 153.

- Peterson BJ, Fry, B. 1987. Stable isotopes in ecosystem studies. Annual Review of Ecology and
   Systematics. 18:293-320.
- Pilgrim J, Fang X, Stefan H. 1998. Stream Temperature Correlations with Air Temperatures in
   Minnesota: Implications for Climate Warming. Journal of the American Water Resources
   Association. 34:1109-1121
- Post J, Parkinson E. 2001. Energy allocation strategy in young fish: Allometry and survival.
   Ecology. 84:1040-1051.
- Power G, Brown RS, Imhof JG. 1999. Groundwater and fish Insights from northern North
   America. Hydrological Processes. 13:401-422.

Quinn TP, Peterson NP. 1996. The influence of habitat complexity and fish size on over-winter
 survival and growth of individually marked juvenile coho salmon (*Oncorhynchus kisutch*) in
 Big Beef Creek, Washington. Canadian Journal of Fisheries and Aquatic Sciences. 53:1555 1564.

Rundio DE, Lindley ST. 2008. Seasonal patterns of terrestrial and aquatic prey abundance and
 use by *Oncorhynchus mykiss* in a California Coastal Basin with a Mediterranean Climate.
 Transactions of the American Fisheries Society. 137:467-480.

Schultz ET, Conover DO. 1999. The allometry of energy reserve depletion: test of a mechanism
 for size-dependent winter mortality. Oecologia. 119:474-483.

Shapiro SS, Wilk MB. 1965. An analysis of variance test for normality (complete samples).
Biometrika. 52:591–611.

- 570 Stefanik EL, Sandheinrich MB. 1999. Differences in spawning and emergence phenology
  571 between stocked and wild populations of brown trout in southwestern Wisconsin streams.
  572 North American Journal of Fisheries Management. 19:148-164.
- Vander Zanden MJ, Cabana G, Rasmussen JB. 1997. Comparing trophic position of freshwater
   fish calculated using stable nitrogen isotope ratios (δ15N) and literature dietary data.
   Canadian Journal of Fisheries and Aquatic Sciences. 54:1142-1158.

26

#### 577 Figure Captions

Figure 1. Relationship between growth rate (mg\*g<sup>-1</sup>\*day<sup>-1</sup>) and total length (TL) of brown trout
recaptured in Badger creek on 15 March 2012.

**Figure 2.** (A) Relationship between growth rate  $(mg^*g^{-1}*day^{-1})$  and dry weight  $(mg^*g$  trout<sup>-1</sup>) of

581 prey consumed., (B) Mean growth rates of large (150 - 276mm TL) and small (≤150mm TL)

582 brown trout, (C) Mean relative weight (Wr) of small (< 150mm TL) brown trout in early winter

and late winter. (D) Mean relative weight (Wr) of large (>150 – 276mm TL) brown trout in early

584 winter and late winter. All data derived from marked and recaptured fish in Badger Creek. \*

585 indicates *P*<0.05.

586 Figure 3. Non-metric multidimensional scaling ordination of diet composition for small (<

587 150mm) and large (151 - 276mm) brown trout in Badger Creek. Closed squares represent large

588 fish in early winter; closed circles represent small fish in early winter. Open squares represent

large fish in late winter; open circles represent small fish in late winter.

590 **Figure 4.** Carbon nitrogen bi-plot of mean ( $\pm 1$  SD)  $\delta^{13}$ C and  $\delta^{15}$ N signatures for small ( $\leq$ 150mm

591 TL) and large (151 – 276mm TL) brown trout, and integrated  $\delta^{13}$ C and  $\delta^{15}$ N signatures for

592 common invertebrate prey taxa, and primary producers for (A) fin tissue and (B) mucus

593 samples.